



HOLISTIC HEALING

Adele Lederman, RN, MS, CDAC, R.Hyp has over 30 years of training and experience as a natural healer. She specializes in “Julian Healing Techniques©” (JHT), Reiki, Hypnotherapy and Neuro-Linguistic Programming. Adele Lederman is one of only two authorized teachers

of the JHT and incorporates all of these techniques into her healing practices. For more information about the “Julian Healing Techniques©” please visit www.julianteachings.com.

Private healing sessions and custom healing workshops are available and may be scheduled upon request. To schedule your session or workshop or, for more information, please contact:

Adele Lederman RN, MS, CDAC, R.Hyp

925-949-8478

Email: ripples444@aol.com

Ms. Lederman is currently a retired Registered Nurse with a Master of Science in Health and Human Services, a Practicing Master Practitioner of NLP (Neuro-Linguistic Programming), Registered Hypnotherapist, and Licensed Drug and Alcohol Abuse Counselor.